upcoming events

WINTER/SPRING 2013

HEART OF GOD

January 11, 2013 through April 19, 2013 Study: "Bait of Satan" DVD series by John Bevere Cost: \$28 workbook, available at the door Scholarships available, Childcare Provided Contact: Judi Bizzell 619-813-9592

MONDAY NIGHT WOMEN'S BIBLE STUDY

February 25 – April 22 6:30–8:30pm Search for Significance by Robert McGee Cost: \$10 workbook, available at the door Childcare provided if requested Contact: Lori Reynolds 619-787-1117

SHOP AND SWAP

March 30th 9-11am quarterly Bring & swap clean children's clothing and accessories Jenna Hattox 619-742-5705

HEALING WORKSHOP

April 11 - May 30 7-9:30pm Home of Brenda Curtis (Allied Gardens) Unique workshop that helps Christian women walk into freedom and break the bondage that resulted from childhood abuse Contact: Beverly Avelar 619-322-1007

WOMEN IN HIS PRESENCE

Friday April 12th 6:30-8:00pm Sanctuary A night of worship and ministry for women Contact Melinda Botticelli 619-448-0481

MIDDLE EASTERN LUNCH

April 27th 11:00am-1:00pm Come help us serve the Middle Eastern community in our midst! We need table decorators, hostesses, a catering team, and program planner.

WOMEN'S MOTHER'S DAY LUNCHEON

May 4 12-2:00pm Help us coordinate the luncheon! We need table decorators, hostesses, a catering team, and program planner. Bree Gibson 619-742-9453

SATURDAY MORNING SPECIAL

June 8th - 9–11:00am Women's Breakfast in Youth Auditorium Cost \$7, Childcare Provided Contact Jenny Shaw: 619-992-5026

PARENT RESOURCE GROUP

Last Sunday, monthy 1:00pm Call for location & time, Support and info for parents of kid's with special needs Contact: Maryann 619-549-9463 Lynn Owens 619-749-1257

MOM'S IN PRAYER: PRAYING FOR ADULT CHILDREN

Every Tuesday, 9–10:00am, Room A-2 The Power Of Praying For Your Adult Children by Stormie Omartian No childcare available Contact: Judi Bizzell 619-813-9592

COLLEGE GIRLS ENRICHMENT

Every Tuesday starting May 28 6:-9pm for 6 weeks Cost: \$30.00 Contact: Sheryl Stewart 619-588-8262 sherylstewart@cox.net

STROLLER STRIDES

Tuesday and Thursday mornings 9:00am Harry Griffen Park, La Mesa An hour of certified instructor led workouts \$20 per month, 1st week free No need to sign up! Heather Fulton 619-871-7896

P.S. MOM-EASE GROUP

Last Wednesday monthly 9-10:30am July Coffee Hour Connect, Share, Learn Cost \$5, Preschool-like childcare Contact: Nitsa Eslinger 619-933-7255

SATURDAY MORNING PRAYER FOR WOMEN' MINISTRIES

First Saturday monthly 8:00am Sanctuary Contact: Niki Atherton 619-339-7585

MORE DETAILED INFO AT WWW.FOOTHILLSCHURCH.ORG

upcoming events small groups WOMEN'S MINISTRY 2013



APPLYING GODS WORD THROUGH DAILY DEVOTIONS

The purpose of this group is to encourage a greater knowledge of God and love for Him through the reading of His Word and applying what we've learned to our daily lives. Tuesdays 7:00-8:30pm (March 12-June 11) 1496 Lemon Ave., El Cajon 92020 Peggy DeSoto 619-442-2295, pdesoto@cox.net Jillian Crary 619-572-7340, sdcrary@cox.net

FIT AND READY TO SERVE THE LORD

As we walk together and speak God's truth we build both our physical and spiritual muscles. We also fulfill the law of Christ by sharing our burdens and victories with each other. You are invited to walk with us as often as you can. Twice a month, 2nd and 4th Saturdays 8:00–9:30am Mission Trails Park - Visitor Center Parking Lot Bad weather call: Gaynelle Merriwether 619-466-6177 or 516-984-9498 (cell) Joann Spohn 619-992-7920

HINDS FEET ON HIGH PLACES

Our focus is building relationships with each other and drawing near to the Lord while we seek Him. Our goal is to help women navigate through life by trusting God and believing that the plans He has for us are always good.

Thursdays 6:30-8:00pm

Look for new group starting in late Spring/ early Summer 10947 Anja Way, Lakeside

Kathy Martin 619-871-8469 Theresa KuHn 619-851-4193

GIRLS LUNCH OUT (G.L.O.)

Women of Foothills, we would love to get to know you! G.L.O. is a once per month lunch for women of all ages.Children are welcome to join us.

1st Sunday after Second Service Sizzler at 1030 Fletcher Parkway, El Cajon Ruth Hoffman 619-465-7480

LIVING IN JESUS

Our focus is to develop stronger friendships with other women while developing an intimate relationship with Jesus Christ. We are specifically geared toward women who are 40+. Currently styduing: "Fatal Distractions: Conquering Destructive Temptations"

Tuesdays 7:00pm to 9:00 p.m. beginning January 22nd

Cost: \$10

840 Overlook Lane, El Cajon, Lynn Owen's home Lynn Owen 619-749-1257, lynn.owen@cox.net Stephanie Zallar 619-443-1128, zallar@cox.net

SCRAPBOOKING

Join us for food, fellowship and fun while we make precious family heirlooms! We are not a class, but we all help each other. We laugh together, pray together and sometimes cry together.

Drop in anytime between 11:00am to 8:30pm, and stay as long as you like. Debbie Thogmartin 619-733-3915, imlovedbytheking@aol.com

SINGLE MOM'S SMALL GROUP BIBLE STUDY AND COOKING

This class is geared toward easy, fun things to cook, eating, fellowship and prayer. The first and third Friday of the month features a Bible study currently on "Hope." The second Friday of the month will be a cooking class.

Mary Ann Gibson's house- call for directions Childcare for children 5 and under is available by request Mary Ann Gibson (619) 449-3807 Nancy Fire nefire@yahoo.com

BUILDING BETTER RELATIONSHIPS

This class is designed to help build better, stronger relationships starting with our first relationship with the Lord. We study and discuss bible verses to support and solidify what is being taught.

Friday nights 6-8:00pm

8758 Our Way Santee 92071 or hosted at church Cost: Book \$10

Crystal Jones 619-792-7467, crystaldlanda@yahoo. com

FORGIVEN AND SET FREE (A POST-ABORTION BIBLE STUDY)

This bible study was prepared for the woman who has experienced some degree of remorse or regret for their abortion(s).

Mondays beginning March 4th, 10 weeks, 6:30pm Intimate home setting in Spring Valley. Sorry, no childcare provided. No fee for the study, Deadline to register 2/27/13 Gaynelle Merriwether: 619-466-6177 or 516-984-9498 (cell)