

small groups

APPLYING GODS WORD THROUGH DAILY DEVOTIONS

The purpose of this group is to encourage a greater knowledge of God and love for Him through the reading of His Word and applying what we've learned to our daily lives.

Tuesdays 7:00–8:30pm (March 12-June 11)
1496 Lemon Ave., El Cajon 92020
Peggy DeSoto 619-442-2295, pdesoto@cox.net
Jillian Crary 619-572-7340, sdcrary@cox.net

FIT AND READY TO SERVE THE LORD

As we walk together and speak God's truth we build both our physical and spiritual muscles. We also fulfill the law of Christ by sharing our burdens and victories with each other. You are invited to walk with us as often as you can.

Twice a month, 2nd and 4th Saturdays
8:00–9:30am
Mission Trails Park - Visitor Center Parking Lot
Bad weather call:
Gaynelle Merriwether 619-466-6177
or 516-984-9498 (cell)
Joann Spohn 619-992-7920

HINDS FEET ON HIGH PLACES

Our focus is building relationships with each other and drawing near to the Lord while we seek Him. Our goal is to help women navigate through life by trusting God and believing that the plans He has for us are always good.

Thursdays 6:30-8:00pm
Look for new group starting in late Spring/ early Summer
10947 Anja Way, Lakeside
Kathy Martin 619-871-8469
Theresa KuHn 619-851-4193

GIRLS LUNCH OUT (G.L.O.)

Women of Foothills, we would love to get to know you! G.L.O. is a once per month lunch for women of all ages. Children are welcome to join us.

1st Sunday after Second Service
Sizzler at 1030 Fletcher Parkway, El Cajon
Ruth Hoffman 619-465-7480

LIVING IN JESUS

Our focus is to develop stronger friendships with other women while developing an intimate relationship with Jesus Christ. We are specifically geared toward women who are 40+. Currently studying: "Fatal Distractions: Conquering Destructive Temptations"

Tuesdays 7:00pm to 9:00 p.m. beginning
January 22nd
Cost: \$10
840 Overlook Lane, El Cajon, Lynn Owen's home
Lynn Owen 619-749-1257, lynn.owen@cox.net
Stephanie Zallar 619-443-1128, zallar@cox.net

SCRAPBOOKING

Join us for food, fellowship and fun while we make precious family heirlooms! We are not a class, but we all help each other. We laugh together, pray together and sometimes cry together.

Drop in anytime between 11:00am to 8:30pm,
and stay as long as you like.
Debbie Thogmartin 619-733-3915,
imlovedbytheking@aol.com

SINGLE MOM'S SMALL GROUP BIBLE STUDY AND COOKING

This class is geared toward easy, fun things to cook, eating, fellowship and prayer. The first and third Friday of the month features a Bible study currently on "Hope." The second Friday of the month will be a cooking class.

Mary Ann Gibson's house- call for directions
Childcare for children 5 and under is available by request Mary Ann Gibson (619) 449-3807
Nancy Fire nefire@yahoo.com

BUILDING BETTER RELATIONSHIPS

This class is designed to help build better, stronger relationships starting with our first relationship with the Lord. We study and discuss bible verses to support and solidify what is being taught.

Friday nights 6-8:00pm
8758 Our Way Santee 92071 or hosted at church
Cost: Book \$10
Crystal Jones 619-792-7467, crystaldlanda@yahoo.com

FORGIVEN AND SET FREE (A POST-ABORTION BIBLE STUDY)

This bible study was prepared for the woman who has experienced some degree of remorse or regret for their abortion(s).
Mondays beginning March 4th, 10 weeks, 6:30pm
Intimate home setting in Spring Valley.
Sorry, no childcare provided. No fee for the study, Deadline to register 2/27/13
Gaynelle Merriwether: 619-466-6177 or
516-984-9498 (cell)