

ICEBREAKER QUESTIONS FOR MENTORS

It's important for mentors and mentees to get off on the right track when meeting, especially at the beginning of the relationship. Here are some sample Icebreaker questions that can help get your session started. One of students' favorite things to talk about is themselves, so asking questions that allows them to talk about themselves is a great way to open up communication and get the ball rolling. Don't be afraid to keep asking questions. Quantity of conversation leads to quality of conversation. It's ok to talk about trivial things! It's a great way to get to know students and what they're into, but try to redirect conversation in a direction that can be meaningful or purposeful.

- What animal would you be and why?
- What is the most beautiful or meaningful gift you've ever received?
- If you could have an endless supply of any food, what would you request?
- What is one big goal you'd like to accomplish during your lifetime?
- When you were little, who was your favorite superhero and why?
- Who is your hero now? (It could be a parent, a celebrity, an influential person in one's life, and so on.)
- What's your favorite thing to do in the summer?
- If they made a movie of your life, what would it be about and which actor would you want to play you?
- If you were an ice cream flavor, which one would you be and why?
- What's your favorite cartoon character and why?
- If you could visit any place in the world, where would you choose to go and why?
- What's your dream job, and why?
- Are you a morning or night person?
- What are your favorite hobbies?
- What are your pet peeves?
- What's the weirdest thing you've ever eaten?
- Name one of your favorite things about someone in your family.
- Tell me about a unique or quirky habit of yours.
- If you had to describe yourself using three words, what three words would you pick?
- If someone made a movie of your life would it be a drama, a comedy, a romantic comedy, action film, or science fiction?
- What is your greatest fear?

SOME MORE MEANINGFUL QUESTIONS (Use at your discretion, may not all be ideal for the first time you meet)

-How long have you been a Christian?

-How long have you gone to our church? How did you get connected?

-Are you involved in the high school ministry? In a small group?

-What is the best experience you've ever had with God? Maybe in your personal devotional life, at a conference, or at camp?

-What is the worst experience you've had spiritually? Maybe a dry season or time of discouragement?

-Who has been the biggest influence in your life for Christ? How?

-If you've ever read any Christian books, what book has been the most impactful in your life?

-How does your relationship with God affect your daily life? How do you walk it out?

-Have you ever faced any obstacles that God helped you overcome? What were those?

-What is something that been a big struggle for you as a Christian in the past?

-Share what God is doing in YOUR life, whether it be successes or struggles and ask if your mentee can relate. If so: ask them to elaborate, if not: it creates an opportunity for you to share and be transparent with them.